Mission is Possible!

The German STI Society (DSTIG) as a Pacemaker for Sexual Health and STI Research in Germany

Harriet Langanke¹, Viviane Bremer², Judith Coenenberg³, Norbert H. Brockmeyer ⁴
for the German STI Society (DSTIG) www.dstig.de

¹ Charitable Foundation Sexuality and Health GSSG Köln, ²Robert Koch Institute Berlin, ³Clinic for Dermatology, Venerology and Allergology of Ruhr-Universität Bochum

Background
- “German STI Society - Society for the Promotion of Sexual Health” (DSTIG) largest German speaking medical and social society for STI for 111 years
- DSTIG gathers clinicians, therapists, people working in sexual health or in STI counselling
- Multidisciplinary approach unique among German medical societies
- Peak number of 10,000 members in the 1920s
- Transformation from clinically-pathologically oriented dermato-venerological expert group to open society focusing on whole range of STI research and sciences, including sexual health

Goals
- Promoting Sexual Health by combining the expertise of physicians from different medical disciplines and through close cooperation between professionals on different levels of the German health system
- Focus on hard-to-reach populations, e.g. sex workers, migrants, MSM
- Becoming an important player in development of STI guidelines also on European scale
- Reaching more people, extend society (2010-2012: increased number of members by 51% indicates that interdisciplinary way of the DSTIG is successful)

Actual DSTIG Projects
Scan QR-code and get the documents!

STI Treatment Pocket Guide
- First German STI Pocket Guide with diagnosis and treatment advices for all common STI
- Summary of actual guideline recommendations
- Easy charts for quick overview

STI Treatment Guidelines
- The German STI Society is developing new German STI treatment guidelines, as for gonorrhea, chlamydia t. or syphilis
- All members of the DSTIG can get involved into the guideline development process

Indicators for Sexual Health
- Instruments to measure needs of sexual health in Germany in different settings, to design appropriate interventions and to evaluate their impact and success
- Useful for health experts, policy developers, researchers, other health care professionals
- Developed by the DSTIG section Sexual Health

Sexual Health Counselling Guide
- This summary gives advices for sexual health counselling, STI diagnosis and therapy
- Useful as a handbook/guideline for health professionals, people working in STI counselling, self help groups, etc.
- Developed by the DSTIG-section Sexual Health

Section STI Research
The Section STI Research is a group of young academics and senior scientists who is focusing on
- basic research, clinical research, molecular pathogenesis and translational medicine
- exchange of STI research knowledge
- promotion of young STI researchers

JOIN US! Become a DSTIG-Member!
Are you a medical doctor? Health professional? Working in STI counselling? Or in public health services?
Contact us and join our society! We are awaiting you and your expertise! www.dstig.de

Section Sexual Health
The Section Sexual Health wants to set up a basis for improved sexual health in Germany, by
- developing indicators to measure sexual health in Germany
- publishing professional standards of STI prevention
- working on recommendations for consultation, diagnosis and treatment on sexuality and STI

STI Treatment Guidelines
STI Treatment Pocket Guide
Indicators for Sexual Health
STI Treatment Guidelines
Sexual Health Counselling Guide
Section STI Research
Section Sexual Health

German STI Society (President)
Prof. Norbert H. Brockmeyer
nbrockmeyer@derma.de

Section Sexual Health (Speaker)
Dr. Viviane Bremer
bremev@rki.de

Section Sexual Health
Harriet Langanke, M.A.
harriet.langanke@stiftung-gssg.org

DSTIG Management
Judith Coenenberg, M.A.
j.coenenberg@klinikum-bochum.de

111 years
Mission is Possible!